PHASES

| a | YOUR BOI 30-DAY PI | ROGRAM CHECKLIST | I ACTIVATE | II RESET | III RENEW |
|------------------|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|------------|-------------------------------|
| GASTROINTESTINAL | TERRAZYME | Blend of digestive enzymes to aid in the digestion of food and absorption of nutrients.* 1 capsule on empty stomach in morning and night, 1 capsule with AM, Noon, and PM meals, for a total of 5 capsules per day for 30 days, and beyond at 1-3 capsules with meals. | 1 2 3 4 5 6 7 8 9 10 Days 1-30 | | 21 22 23 24 25 26 27 28 29 30 |
| | GX ASSIST® | Combination of essential oils and caprylic acid to help cleanse and support the digestive system.* 1 softgel with PM meal for a total of 1 softgel per day for 10 days (Optional as needed: 1 softgel with AM and Noon meals). ⁺ | | Days 11-21 | |
| | PB ASSIST®+ | 6 billion CFUs of 6 different strains of probiotics. 3 capsules with PM meals for a total of 3 capsules per day for 10 days, and beyond at 1 capsule per day. | | | Days 21-30 |
| ENDOCRINE | ZENDOCRINE® | Botanical blend to support liver, kidneys, colon, lungs and, skin. * 1 capsule with AM and PM meals for a total of 2 capsules per day for 30 days. | Days 1-30 | | |
| | ZENDOCRINE® | Botanical blend to support the body's natural ability to rid <i>itself of unwanted substances.</i> * 1 softgel with AM and PM meals for a total of 2 softgels per day for 10 days. | Days 1-10 | | |
| LAR | DDR PRIME® | Essential oil blend to support cellular health, function and renewal.* 1 softgel with AM and PM meals for a total of 2 softgels per day for 10 days. | | | Days 21-30 |
| CELLULAR | LEMON OIL & WATER | Naturally cleanses the body and aids in digestion.* 1 to 2 drops in 8 oz. of water 5 times per day. | Days 1-30 | | |

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. † For individual, targeted needs, GX Assist may be taken with AM, Noon, and PM meals Can repeat 30-day cleanse for up to 3 months, 1 to 2 times per year Reduce amount or discontinue if GI upset occurs

ELIMINATION PATHWAYS

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